

Empowered Caregiving: Skills for Real-Life Dementia Challenges

Practical tools, compassionate strategies, and real-world insight for caregivers at every stage.



Wednesday, July 1, 2026

9:30 AM – 11:00 AM

Mount of Olives Adult Day Program

24772 Chrisanta Drive, Mission Viejo

Recognizing the Moment: When Is It Time for Memory Care?

Presented by Deborah Morse, MSG

Recognizing when it may be time for memory care can be one of the most emotional and challenging decisions families face. This class will help caregivers identify common signs that additional support may be needed. Learn how to evaluate options, and make thoughtful decisions with confidence.

Care partners are welcome to bring their loved ones with dementia. While you connect with other caregivers and learn helpful strategies, your loved one will enjoy engaging, supervised activities in our Adult Day Program.

Reservations are required. Please email lauren.weiss@alzoc.org or call (949) 955-9000



 MOUNT OF OLIVES CHURCH
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**ADULT DAY
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