

Empowered Caregiving: Skills for Real-Life Dementia Challenges

Practical tools, compassionate strategies, and real-world insight for caregivers at every stage.



Wednesday, August 5, 2026

9:30 AM – 11:00 AM

Mount of Olives Adult Day Program

24772 Chrisanta Drive, Mission Viejo

A Sensory Perspective: How Dementia Changes Senses Presented by Lauren Weiss

This class explores how dementia can affect the way a person sees, hears, feels, and interprets the world around them. Participants will learn why everyday environments or interactions may feel confusing or overwhelming and discover practical ways to respond .

Care partners are welcome to bring their loved ones with dementia. While you connect with other caregivers and learn helpful strategies, your loved one will enjoy engaging, supervised activities in our Adult Day Program.

Reservations are required. Please email lauren.weiss@alzoc.org or call (949) 955-9000



Refreshments provided by Seniors Helping Seniors