

TRAIN YOUR BRAIN: FUN GAMES FOR BETTER FOCUS AND MEMORY

Wednesday, August 12th | 10:00 am - 11:00 am



Join us for an interactive class designed to keep your mind active, engaged, and challenged. Participants will play fun brain games that support focus, memory, problem-solving, and mental flexibility while learning simple ways to keep the brain stimulated in everyday life.

Presented by:
Lauren Weiss




Town & Country Senior Living
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Call (714) 547-7581
to RSVP

Alzheimer's
ORANGE COUNTY

MEMORY SUPPORT SERVICES

Helpline: 844-373-4400 | www.alzoc.org