

Healthy Aging Center Acacia July 2026 Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1.	2.	3.
<p>Adult Snack Menu The Great American Lunch Box 2620 Newport Blvd. Costa Mesa, CA 92627 *WGR – Whole Grain Rich</p>	<p style="color: red; text-align: center;">The menu is subject to change.</p> <p style="text-align: center;">*All fruit cups are served in natural fruit juices.</p>	<p>Pineapple Cup in Natural Juice (1/2 cup)</p> <p>Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)</p>	<p>Wheat Cracker Bag - WGR (1 oz equivalent)</p> <p>String Cheese (1 oz)</p>	
6.	7.	8.	9.	10.
<p>Applesauce Cup (1/2 cup)</p> <p>Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)</p>	<p>Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent)</p> <p>String Cheese (1 oz)</p>	<p>Mini Bagel - WGR (1 oz)</p> <p>Mandarin Orange Cup in Natural Juice (1/2 cup)</p>	<p>Sliced Apple Bag (1/2 cup)</p> <p>Yogurt – Low Fat (4 oz)</p>	<p>Goldfish Pretzel Bag – WGR (1 bag = 1 oz equivalent)</p> <p>Banana (1/2 cup)</p>
13.	14.	15.	16.	17.
<p>Jungle Cracker Bag - WGR (1 oz equivalent)</p> <p>Yogurt – Low Fat (4 oz)</p>	<p>Mandarin Orange Cup in Natural Juice (1/2 cup)</p> <p>String Cheese (1 oz)</p>	<p>Cottage Cheese (2 oz)</p> <p>Sliced Apple Bag (1/2 cup)</p>	<p>Diced Peach Cup (1/2 cup)</p> <p>Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)</p>	<p>Mini Bagel - WGR (1 oz)</p> <p>Swiss Cheese Slices (1 oz)</p>
20.	21.	22.	23.	24.
<p>Wheat Cracker Bag - WGR (1 oz equivalent)</p> <p>String Cheese (1 oz)</p>	<p>Applesauce Cup (1/2 cup)</p> <p>Goldfish Pretzel Bag – WGR (1 bag = 1 oz equivalent)</p>	<p>Yogurt – Low Fat (4 oz)</p> <p>Banana (1/2 cup)</p>	<p>Sliced Apple Bag (1/2 cup)</p> <p>Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent)</p>	<p>Pineapple Cup in Natural Juice (1/2 cup)</p> <p>Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)</p>
27.	28.	29.	30.	31.
<p>Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent)</p> <p>String Cheese (1 oz)</p>	<p>Goldfish Crackers Bag – WGR (1 bag = 1 oz equivalent)</p> <p>Sliced Apple Bag (1/2 cup)</p>	<p>Pineapple Cup in Natural Juice (1/2 cup)</p> <p>Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)</p>	<p>Wheat Cracker Bag - WGR (1 oz equivalent)</p> <p>String Cheese (1 oz)</p>	<p>Jungle Cracker Bag - WGR (1 oz equivalent)</p> <p>Sliced Apple Bag (1/2 cup)</p>

The Child and Adult Care Food Program is a component of the USDA and administered by The California Department of Education, Nutrition Services Division. This institution is an equal opportunity provider.

Kikkoman Soy Milk is offered to participants when indicated due to a medical or other special dietary need.

Healthy Aging Center Acacia

July 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1.	2.	3.	4.	5.
<p>The menu is subject to change.</p> 	<p>The Great American Lunch Box 2620 Newport Blvd. Costa Mesa, CA 92627</p> <p><i>*WGR – Whole Grain Rich</i></p>	<p>Chicken Verde (3 oz)</p> <p>Black Beans (1/2 c) Mild Salsa (1 oz) Mixed Fruit (1/2 c.) Tortilla - WGR (2 oz) 1% Milk (8 oz)</p>	<p>Cheeseburger on a Bun - WGR</p> <p>Hamburger Patty (2.5 oz) Cheese (1 slice) Corn (1/2 c.) Bun - WGR (2 oz) Ketchup (1 oz) Applesauce (1/2 c.) Celebration Dessert 1% Milk (8 oz)</p>	
6.	7.	8.	9.	10.
<p>Cheese Lasagna- WGR (3.3 oz)</p> <p>Peas and Carrots (1/2 c.) Applesauce (1/2 c.) Bread – WGR (2 oz) 1% Milk (8 oz)</p>	<p>BBQ Chicken Sandwich</p> <p>Chicken Patty (2.62 oz) Bun - WGR (2 oz) Green Beans and Onions (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)</p>	<p>Meatloaf (3 oz)</p> <p>Corn (1/2 c.) Mixed Fruit (1/2 c.) Artisan Roll - WGR (2 oz) 1% Milk (8 oz)</p>	<p>Soft Tacos</p> <p>Ground Turkey Taco Meat (3 oz) Mixed Vegetables (1/2 c.) Mild Salsa (1 oz) Peaches (1/2 c.) Tortillas - WGR (2 oz) 1% Milk (8 oz)</p>	<p>Beef Dippers (2 oz)</p> <p>Carrots (1/2 c.) Peaches (1/2 c.) Brown Rice - WGR (1 c.) 1% Milk (8 oz)</p>
13.	14.	15.	16.	17.
<p>Chicken w/ Tomatoes (3 oz)</p> <p>Green Beans (1/2 c.) Brown Rice – WGR (1 c.) Mixed Fruit (1/2 c.) 1% Milk (8 oz)</p>	<p>Glazed Pineapple Chicken (3 oz)</p> <p>Mixed Vegetables (1/2 c.) Peaches (1/2 c.) Roll - WGR (2 oz) 1% Milk (8 oz)</p>	<p>Beef Meatballs with Fajita Vegetables (2 oz)</p> <p>Meatballs (4 each = 2 oz) Broccoli Normandy (1/2 c.) French Roll - WGR (2 oz) Pears (1/2 c.) 1% Milk (8 oz)</p>	<p>Salisbury Steak (3 oz)</p> <p>Peas (1/2 c.) Banana (1/2 c.) Bread – WGR (2 oz) 1% Milk (8 oz)</p>	<p>Baked Cajun Fish (3.6 oz)</p> <p>Roll – WGR (2 oz) Tartar Sauce (1 oz) Red Potatoes (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)</p>
20.	21.	22.	23.	24.
<p>Chicken Dippers (2 oz)</p> <p>Green Beans (1/2 c.) Brown Rice - WGR (1 c.) Pears (1/2 c.) 1% Milk (8 oz)</p>	<p>Meatball Hoagie</p> <p>Meatballs (4 each = 2 oz) French Roll - WGR (2.6 oz) Red Potatoes (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)</p>	<p>Chicken Patty and Gravy (3.62 oz)</p> <p>Chicken Patty Grilled (2.62 oz) Gravy (1 oz)</p> <p>Green Beans (1/2 c.) Diced Peaches (1/2 c.) Roll – WGR (2 oz) 1% Milk (8 oz)</p>	<p>Beef Patty w/ BBQ Sauce (2.4 oz)</p> <p>Broccoli Normandy (1/2 c.) Applesauce (1/2 c.) Bread – WGR (2 oz) 1% Milk (8 oz)</p>	<p>Chicken Verde (3 oz)</p> <p>Black Beans (1/2 c) Mild Salsa (1 oz) Mixed Fruit (1/2 c.) Tortilla - WGR (2 oz) 1% Milk (8 oz)</p>
27.	28	29	30	31
<p>Chicken Parmesan (3.15 oz)</p> <p>Green Beans (1/2 c.) Mixed Fruit (1/2 c.) French Roll - WGR (2 oz) 1% Milk (8 oz)</p>	<p>Meatballs (Beef) with Tomatoes (2 oz)</p> <p>Meatballs (4 each = 2 oz) Broccoli Normandy (1/2 c.) Pineapple (1/2 c.) Bread – WGR (2 oz.) 1% Milk (8 oz)</p>	<p>Soft Tacos</p> <p>Ground Turkey Taco Meat (3 oz) Cheese (1/2 oz) Red Potatoes (1/2 c.) Mild Salsa (1 oz) Peaches (1/2 c.) Tortillas - WGR (2 oz) 1% Milk (8 oz)</p>	<p>Beef Patty w/ Mushrooms (2.4 oz)</p> <p>Peas (1/2 c) Roll - WGR (2 ox) Pears (1/2 c.) 1% Milk (8 oz)</p>	<p>Fish Fillet Sandwich - WGR (4 oz)</p> <p>Fish (4oz) Tartar Sauce (1 oz) Green Beans (1/2 c.) Peaches (1/2 c.) Bun - WGR (2 oz) 1% Milk (8 oz)</p>

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11391 Acacia Parkway
Garden Grove, CA 92840
714-530-1566

Center Business Hours

Monday - Friday
8:00am - 4:30pm

CBAS Program Hours

Monday - Friday
9:00am - 3:00pm

ADHC/ADP Program Hours

Monday - Friday
8:00am - 3:00pm

Breakfast will be provided

Until 10:00am

Lunch will be served.

At 12:00pm

Snack will be served

At 2:00 pm

Program Operations Manager

Natalie Franks

Activities Coordinator

Kate Koo

Activities Coordinator Assistant

Agnes Tolentino

Activities subject to change

If you are in need of additional support, would like to learn more about the services and resources we provide or need someone to talk to, please call our Helpline

844-373-4400

Maintenance














Physical Therapy

8:00am to 11:30am &
12:30pm to 2:30pm

Maintenance

Occupational Therapy

8:00am to 11:30am
12:30pm to 2:30pm

Monday	Tuesday	Wednesday	Thursday	Friday
	 <p>7/2 -- wear red, white & blue 7/10 – fav. sports team outfit 7/17 – Favorite ice cream color 7/24 – matching outfit w/ friends 7/31 – Alzoc shirt or blue</p>	<p>1</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Mai 9:30 am Number Games 10:00 am Nutrition Bingo 10:00 am Color & Chat 11:00 am Table Games 1:00 pm Fitness Fun w/ Devon * 1:00 pm Nail & hand care w/ Dee 1:15 pm Dominoes & tri Ominos 2:00 pm Movie Matinee</p>	<p>2</p> <p><i>4th of July Celebration</i></p> <p>9:00 am Pledge of Allegiance 9:15 am I Love America Bingo 10:15 am Music & Dance w/ Jim 10:00 am Table Games 11:00 am Balloon volleyball 1:00 pm Flex & stretch Adrian/Mia 1:00 pm 4th of July Craft w/ Carol 1:15 pm Dominoes & Tri Ominos 2:00 pm Cultural Video</p> 	<p>3</p> 
<p>6</p> <p>9:00 am Pledge of Allegiance 9:15 am Quiz Mo 10:00 am Health & Wellness w/ Matt 10:00 am Memories in the Making/Dee 11:00 am Table Games 1:00 pm Gardening w/ Trino * 1:00 pm Chair Kickball w/ Mai/Leslie 1:15 pm Nail & hand care w/ Carol 2:00 pm Travel Video</p>	<p>7</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer * 10:00 am ESL Class w/ Mai 10:30 am Outdoor activities 11:00 am Outdoor stretching w/ Mia 1:00 pm Let's Move it w/ Zoila * 1:00 pm Sensory Spa w/ Adrian 1:15 pm Dominoes & tri Ominos 1:30 pm Color & Chat w/ Dee 2:00 pm Educational Video</p>	<p>8</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Dee 9:30 am Number Games 10:00 am Loteria 10:00 am Dominoes & tri ominoes 11:00 am Table Games 1:00 pm Fitness Fun w/ Devon * 1:00 pm Nail & hand care w/ Leslie 2:00 pm Movie Matinee</p> 	<p>9</p> <p>9:00 am Pledge of Allegiance 9:15 am Disney Bingo 9:30 am Dominoes & Tri Ominos 10:00 am Music Appreciation w/ Greg * 10:50am Cottage Ind. Walk w/ Carol 1:00 pm Care – eoke w/ Leslie 1:15 pm Sensory Spa w/ Mia 1:30 pm Sketching w/ Adrian 2:00 pm Cultural Video</p>	<p>10</p> <p><i>Senior Sports Day</i></p> <p>9:00 am Pledge of Allegiance 9:15 am Sports Bingo 10:00 am Outdoor soccer w/ Dee 10:00 am Golf w/ Carol 10:30 pm Parachute Game w/ Mia 11:00 am Balloon volley ball 12:45pm Polynesian Dance Therapy 1:30 pm Dominoes & Tri Ominos 2:00 pm Sports show</p> 
<p>13</p> <p>9:00 am Pledge of Allegiance 9:15 am Aloha Bingo 10:00 am Health & Wellness w/ Matt 10:00 am Memories in the Making/Dee 11:00 am Table Games 1:00 pm Movement & Music w/ Gina 1:00 pm Gardening w/ Trino * 1:15 pm Nail & Hand care w/ Mai 2:00 pm Travel Video</p> 	<p>14</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer * 10:30 am Summer Bingo 11:00 am Table Games 1:00 pm Let's Move it w/ Zoila * 1:00 pm Sensory Spa w/ Mia 1:15 pm Art in Sketching w/ Adrian 1:30 pm Dominoes & Tri Ominos 2:00 pm Educational Video</p>	<p>15</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Leslie 9:30 am Outdoor Stretching /Adrian 10:30 am Summer Bingo 11:00 am Table Games 1:00 pm Fitness Fun w/ Devon* 1:00 pm Nail & hand care w/ Adrian 1:15 pm Dominoes & tri Ominos 2:00 pm Movie Matinee</p>	<p>16</p> <p>9:00 am Pledge of Allegiance 9:15 am Bowling w/ Adrian & Carol 10:00 am Music Appreciation w/ Greg * 11:00 am Balloon volleyball 1:00 pm Outdoor Stretching w/ Mia 1:15 pm Sensory Spa w/ carol 1:15 pm Dominoes & Tri Ominos 2:00 pm Cultural Video</p>	<p>17</p> <p><i>Ice Cream Social Day</i></p> <p>9:00 am Pledge of Allegiance 9:15 am Ice cream making w/ Dee 10:00 am Dominos & Tri Ominos 10:30 am Sweet Bingo 11:00 am Table Games 1:00 pm Outdoor Stretching Carol/Mia 1:15 pm Arts & Craft w/ Leslie 2:00 pm The Ice Cream Show</p> 
<p>20</p> <p>9:00 am Pledge of Allegiance 9:15 am Music Bingo 10:00 am Health & Wellness w/ Matt 10:00 am Memories in the Making/Dee 11:00 am Table Games 1:00 pm Gardening w/ Trino * 1:00 pm Bean Bag Toss Carol/ Mai 1:15 pm Nail & Hand care w/ Dee 2:00 pm Travel Video</p>	<p>21</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer* 10:30 am Fun activities 11:00 am Balloon volleyball 1:00 pm Let's Move it w/ Zoila* 1:00 pm Sensory Spa w/ Dee 1:15 pm Color & Chat w/ Mia 130 pm Dominoes & Tri Ominos 2:00 pm Educational Video</p>	<p>22</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Dee 9:30 am Number Games 10:00 am World Bingo 10:30 am Polynesian Dance Therapy 11:00 am Balloon Volleyball 1:00 pm Fitness Fun w/ Devon * 1:00 pm Nail & hand care Leslie 2:00 pm Movie Matinee</p> 	<p>23</p> <p>9:00 am Pledge of Allegiance 9:15 am Aloha Bingo 10:00 am Walk to the Park w/ Mia 10:00 am Music Appreciation w/ Greg* 11:00 am Participant Council Meeting 1:00 pm Care – eoke w/ Carol & Mia 1:15 pm Sensory Spa w/ Adrian 1:30 pm Group Activities 2:00 pm Cultural Video</p>	<p>24</p> <p><i>Friendship Day</i></p> <p>9:00 am Pledge of Allegiance 9:15 am Quynh Music Singers 10:00 am Dominoes & Tri ominos 10:30 am Color & chat 11:00 am Table Games 1:00 pm Flex & Stretch w/ Friends/Dee 1:15 pm Friendship Card Craft w/ Carol 2:00 pm Grumpy Old man Movie</p> 
<p>27</p> <p>9:00 am Pledge of Allegiance 9:15 am Fiesta Bingo 10:30 am Hair Salon 10:00 am Health & Wellness w/ Matt 10:00 am Memories in the Making 11:00 am Table Games 1:00 pm Gardening w/ Trino * 1:00 pm Parachute Game w/ Carol 1:15 pm Nail & Hand care w/ Leslie 2:00 pm Travel Video</p> 	<p>28</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer * 10:00 am Puzzles w/ Friends 10:30 am Outdoor activities 11:00 am Parachute Games w/ Dee 1:00 am Let's Move it w/ Zoila* 1:00 pm Sensory Spa w/ Adrian 1:15 pm Color & Chat w/ Mia 1:30 pm Dominos & Tri Ominos 2:00 pm Educational Video</p>	<p>29</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Mai 9:30 am Number Games 10:30 am Disney Bingo 11:00 am Table Games 1:00 pm Fitness Fun w/ Devon* 1:00 pm Nail & hand care w/ Dee 1:15 pm Color & Chat w/ Leslie 1:30 pm Dominoes Tri Ominos 2:00 pm Movie Matinee</p>	<p>30</p> <p><i>Birthday Celebration</i></p> <p>9:00 am Pledge of Allegiance 9:15 am Birthday Bingo 10:00 am Music Appreciation w/ Greg * 11:00 am Balloon volleyball 1:00 pm Flex & stretch w/ Adrian/Leslie 1:15 pm Birthday Card craft w/ Mai 1:30 pm Group Activities 2:00 pm Cultural Video</p> 	<p>31</p> <p><i>Summer Fun Friday</i></p> <p>9:00 am Pledge of Allegiance 9:15 am Price is Right 10:30 am Cone toss w/ Mia 10:30 am Grab the cup game 11:00 am Popsicle Eating Contest 1:00 pm Summer Bingo 1:00 pm Dominoes & Tri ominoes 1:15 pm Color & chat 2:00 pm Movie Time</p> 

11391 Acacia Parkway
Garden Grove, CA 92840
714-530-1566

Giờ làm việc của Trung tâm

Thứ Hai - Thứ Sáu

8:00 sáng - 4:30 chiều

Giờ hoạt động chương trình

CBAS

Thứ Hai - Thứ Sáu

9:00 sáng - 3:00 chiều

Giờ hoạt động chương trình

ADHC/ADP

Thứ Hai - Thứ Sáu

8:00 sáng - 3:00 chiều

Phục vụ bữa sáng

Đến 10:00 sáng

Phục vụ bữa trưa

Lúc 12:00 trưa

Phục vụ bữa ăn nhẹ

Lúc 2:00 chiều

Quản lý Chương trình

Natalie Franks

Điều phối viên Hoạt động

Kate Koo

Trợ lý Điều phối Hoạt động

Agnes Tolentino

Các hoạt động có thể thay đổi

Nếu quý vị cần thêm sự hỗ trợ,

tim hiểu thêm về các dịch vụ

và nguồn lực của chúng tôi,

hoặc cần người trò chuyện,

vui lòng gọi Đường dây Trợ giúp:

844-373-4400

Vật lý trị liệu

8:00 sáng đến 11:30 sáng &

12:30 trưa đến 2:30 chiều

Hoạt động trị liệu

8:00 sáng đến 11:30 sáng

12:30 trưa đến 2:30 chiều

Monday	Tuesday	Wednesday	Thursday	Friday
	 <p>7/2 --màu đỏ, trắng & xanh dương 7/10 – cổ vũ đội thể thao yêu thích 7/17 – màu kem yêu thích 7/24 – mặc đồ đôi/nhóm cùng bạn 7/31 – áo Alzoc hoặc màu xanh</p>	<p>1</p> <p>9:00 am Pledge of Agiance 9:15 am Nấu ăn cùng Mai 9:30 am Number Games 10:00 am Bingo về Dinh dưỡng 10:00 am Tô Màu 11:00 am Trò chơi trên bàn 1:00 pm Vận động Vui / Devon * 1:00 pm Chăm sóc móng tay w/ Dee 1:15 pm Dominoes & tri Ominos 2:00 pm Phim Buổi Chiều</p>	<p>2</p> <p>4th of July Celebration</p> <p>9:00 am Pledge of Allegiance 9:15 am I Love America Bingo 10:15 am Music & Dance w/ Jim 10:00 am Trò chơi trên bàn 11:00 am Chuyên bong bóng 1:00 pm Vận Động Vui /Adrian/Mia 1:00 pm 4th of July Craft w/ Carol 1:15 pm Dominoes & Tri Ominos 2:00 pm Phim Về Văn Hóa</p> 	<p>3</p> 
<p>6</p> <p>9:00 am Pledge of Allegiance 9:15 am Quiz Mo 10:00 am Sức khỏe & Thẻ chất /Matt 10:00 am Lưu giữ kỷ niệm /Dee 11:00 am Trò chơi trên bàn 1:00 pm Làm vườn / Trino * 1:00 pm Ngồi ghế đá banh/Mai-Leslie 1:15 pm Chăm sóc móng tay/ Carol 2:00 pm Xem Phim về du lịch</p>	<p>7</p> <p>9:00 am Pledge of Allegiance 9:15 am Mỹ thuật cùng Jennifer * 10:00 am Lớp ESL cùng Mai 10:30 am Hoạt động ngoài trời 11:00 am Thể thao ngoài trời /Mia 1:00 pm Vận động cùng Zoila * 1:00 pm Xoa bóp Thư giãn/ Adrian 1:15 pm Dominoes & tri Ominos 1:30 pm Tô màu / Dee 2:00 pm Phim về Giáo dục</p>	<p>8</p> <p>9:00 am Pledge of Allegiance 9:15 am Nấu ăn cùng Dee 9:30 am Trò Chơi về số 10:00 am Loteria 10:00 am Dominoes & tri ominoes 11:00 am Trò chơi trên bàn 1:00 pm Vận động Vui / Devon * 1:00 pm Chăm sóc móng tay/ Leslie 2:00 pm Phim Buổi Chiều</p> 	<p>9</p> <p>9:00 am Pledge of Allegiance 9:15 am Disney Bingo 9:30 am Dominoes & Tri Ominos 10:00 am Tri Âm Nhạc /Greg * 10:50am Đi dạo quanh Cottage / Carol 1:00 pm Care – eoke w/ Leslie 1:15 pm Xoa Bóp Thư giãn / Mia 1:30 pm Vẽ Phác Thảo/ Adrian 2:00 pm Phim về Văn Hóa</p>	<p>10</p> <p>Thể thao cho Người cao tuổi</p> <p>9:00 am Pledge of Allegiance 9:15 am Sports Bingo 10:00 am Bóng đá ngoài trời /Dee 10:00 am Golf cùng Carol 10:30 pm Trò chơi dù cùng Mia 11:00 am Chuyên bong bóng 12:45pm Polynesian Dance Therapy 1:30 pm Dominoes & Tri Ominos 2:00 pm Chương trình biểu diễn thể thao</p> 
<p>13</p> <p>9:00 am Pledge of Allegiance 9:15 am Aloha Bingo 10:00 am Sức khỏe & Thẻ chất /Matt 10:00 am Lưu giữ kỷ niệm /Dee 11:00 am Trò chơi trên bàn 1:00 pm Vận động & Âm nhạc /Gina 1:00 pm Làm vườn / Trino * 1:15 pm Chăm sóc móng tay/ / Mai 2:00 pm Xem Phim về du lịch</p> 	<p>14</p> <p>9:00 am Pledge of Allegiance 9:15 am Mỹ thuật cùng Jennifer * 10:30 am Summer Bingo 11:00 am Ngồi ghế đá banh 1:00 pm Vận động cùng Zoila * 1:00 pm Xoa bóp Thư giãn/ Mia 1:15 pm Vẽ Phác Thảo / Adrian 1:30 pm Dominoes & Tri Ominos 2:00 pm Phim về Giáo dục</p>	<p>15</p> <p>9:00 am Pledge of Allegiance 9:15 am Nấu ăn cùng Leslie 9:30 am Thể thao ngoài trời/ Adrian 10:30 am Summer Bingo 11:00 am Trò chơi trên bàn 1:00 pm Vận động Vui / Devon * 1:00 pm Chăm sóc móng tay /Adrian 1:15 pm Dominoes & tri Ominos 2:00 pm Phim Buổi Chiều</p>	<p>16</p> <p>9:00 am Pledge of Allegiance 9:15 am Bowling w/ Adrian & Carol 10:00 am Tri Âm Nhạc /Greg * 11:00 am Chuyên bong bóng 1:00 pm Thể thao ngoài trời /Mia 1:15 pm Xoa Bóp Thư giãn / carol 1:15 pm Dominoes & Tri Ominos 2:00 pm Cultural Video</p>	<p>17</p> <p>Ice Cream Social Day</p> <p>9:00 am Pledge of Allegiance 9:15 am Làm kem với Dee 10:00 am Dominos & Tri Ominos 10:30 am Bingo ngọt ngào 11:00 am Trò chơi trên bàn 1:00 pm Thể thao ngoài trời /Mia Carol 1:15 pm Thủ công với Leslie 2:00 pm The Ice Cream Show</p> 
<p>20</p> <p>9:00 am Pledge of Allegiance 9:15 am Music Bingo 10:00 am Sức khỏe & Thẻ chất/ Matt 10:00 am Lưu giữ kỷ niệm /Dee 11:00 am Trò chơi trên bàn 1:00 pm Làm vườn / Trino * 1:00 pm Ném túi đậu / Carol- Mai 1:15 pm Chăm sóc móng tay/ Dee 2:00 pm Xem Phim về du lịch</p>	<p>21</p> <p>9:00 am Pledge of Allegiance 9:15 am Mỹ thuật cùng Jennifer * 10:30 am Hoạt Động Vui 11:00 am Balloon volleyball 1:00 am Vận động cùng Zoila * 1:00 pm Xoa bóp Thư giãn/ Dee 1:15 pm Tô Màu / Mia 130 pm Dominoes & Tri Ominos 2:00 pm Phim về Giáo dục</p>	<p>22</p> <p>9:00 am Pledge of Allegiance 9:15 am Nấu ăn cùng Dee 9:30 am Trò Chơi về số 10:00 am World Bingo 10:30 am Múa Polynesian Trị liệ 11:00 am Chuyên bong bóng 1:00 pm Vận động Vui / Devon * 1:00 pm Chăm sóc móng tay/Leslie 2:00 pm Phim Buổi Chiều</p> 	<p>23</p> <p>9:00 am Pledge of Allegiance 9:15 am Aloha Bingo 10:00 am Walk to the Park w/ Mia 10:00 am Tri Âm Nhạc /Greg * 11:00 am Participant Council Meeting 1:00 pm Care – eoke w/ Carol & Mia 1:15 pm Xoa Bóp Thư Giãn / Adrian 1:30 pm Hoạt Động Nhóm 2:00 pm Phim về Văn Hóa</p>	<p>24</p> <p>Ngày tình bạn</p> <p>9:00 am Pledge of Allegiance 9:15 am Nhóm Nhạc Quỳnh Hoa 10:00 am Dominoes & Tri ominos 10:30 am Tô Màu 11:00 am Trò chơi trên bàn 1:00 pm Vận Động vui w/ Friends/Dee 1:15 pm Thiệp tình bạn với Carol 2:00 pm Xem Phim Grumpy Old man</p> 
<p>27</p> <p>9:00 am Pledge of Allegiance 9:15 am Fiesta Bingo 10:30 am Cắt Tóc 10:00 am Sức khỏe & Thẻ chất / Matt 10:00 am Lưu giữ kỷ niệm /Dee 11:00 am Trò chơi trên bàn 1:00 pm Làm vườn / Trino * 1:00 pm Bóng & dù lượn /Carol 1:15 pm Chăm sóc móng tay/ Leslie 2:00 pm Xem Phim về du lịch</p> 	<p>28</p> <p>9:00 am Pledge of Allegiance 9:15 am Mỹ thuật cùng Jennifer * 10:00 am Puzzles w/ Friends 10:30 am Hoạt động ngoài trời 11:00 am Bóng & dù lượn / Dee 1:00 am Vận động cùng Zoila * 1:00 pm Xoa bóp Thư giãn/ Adrian 1:15 pm Tô Màu / Mia 1:30 pm Dominos & Tri Ominos 2:00 pm Phim về Giáo dục</p>	<p>29</p> <p>9:00 am Pledge of Allegiance 9:15 am Nấu ăn cùng Mai 9:30 am Trò Chơi về số 10:30 am Disney Bingo 11:00 am Trò chơi trên bàn 1:00 pm Vận động Vui / Devon * 1:00 pm Chăm sóc móng tay/ Dee 1:15 pm Tô Màu w/ Leslie 1:30 pm Dominoes Tri Ominos 2:00 pm Phim Buổi Chiều</p>	<p>30</p> <p>Birthday Celebration</p> <p>9:00 am Pledge of Allegiance 9:15 am Birthday Bingo 10:00 a Tri Âm Nhạc /Greg * 11:00 am Chuyên bong bóng 1:00 pm Vận Động vui w/ Adrian/Leslie 1:15 pm Làm Thiệp Chúc Mừng w/ Mai 1:30 pm Hoạt Động Nhóm 2:00 pm Phim về Văn Hóa</p> 	<p>31</p> <p>Mùa Hè Vui cho Thứ Sáu</p> <p>9:00 am Pledge of Allegiance 9:15 am Đoán Giá Đúng 10:30 am Trò chơi ném vòngMia 10:30 am Trò chơi "Chộp lấy chiếc cốc" 11:00 am Cuộc thi ăn kem que 1:00 pm Bingo Mùa Hè 1:00 pm Dominoes & Tri ominoes 1:15 pm Tô màu & Trò chuyện 2:00 pm Xem Phim</p> 

11391 Acacia Parkway
Garden Grove, CA 92840
714-530-1566

Horario del Centro

Lunes - Viernes
8:00am - 4:30pm

Horario de CBAS

Lunes - Viernes
9:00am - 3:00pm

Horario de ADHC/ADP

Lunes - Viernes
8:00am - 3:00pm

Se servirá desayuno.

Hasta las 10:00am

Se servirá el almuerzo

A las 12:00pm

Se servirá una merienda.

A las 2:00pm

Gerente de Operaciones

Natalie Franks

Coordinadora de Actividades

Kate Koo

Asistente Coordinadora de Actividades

Agnes Tolentino

Actividades sujetas a cambios

Si necesita apoyo adicional y le gustaría obtener más información sobre los servicios y recursos que brindamos o necesita alguien con quien

hablar, llame al













844-373-4400

Terapia física

8:00 am - 11:30 am y
12:30 pm - 2:30 pm

Terapia ocupacional

8:00am - 11:30am y
12:30 pm - 2:30 pm

lunes	martes	miércoles	jueves	viernes
	 <p>7/2 -- use rojo, blanco y azul 7/10 – camiseta deportiva 7/17 – use color de un helado 7/24 – conjunto a juego con amigos 7/31 – camiseta de Alzoc</p>	<p>1</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Mai 9:30 am Juego de numeros 10:00 am Nutrition Bingo 10:00 am Colorea y charla 11:00 am Juegos de mesa 1:00 pm Diversión física - Devon * 1:00 pm Cuidado de uñas con Dee 1:15 pm Dominos y tri Ominos 2:00 pm Película de matiné</p>	<p>2</p> <p><i>Celebración del 4 de julio</i></p> <p>9:00 am Juramento de Lealtad 9:15 am I Love America Bingo 10:15 am Música y baile con Jim 10:00 am Juegos de mesa 11:00 am Voleibol en globo 1:00 pm Flexiona y estira - Adrian 1:00 pm Manualidades con Carol 1:15 pm Dominos y Tri Ominos 2:00 pm Vídeo Cultural</p> 	<p>3</p> 
<p>6</p> <p>9:00 am Juramento de Lealtad 9:15 am Quiz Mo 10:00 am Salud y bienestar 10:00 am Memories in the Making/Dee 11:00 am Juegos de mesa 11:00 am Jardinería con Trino * 1:00 pm Kickball en silla – Mai /Leslie 1:15 pm Cuidado de uñas con Carol 2:00 pm Video de viajes</p>	<p>7</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte - Jennifer* 10:00 am Clase de inglés con Mai 10:30 am Actividades en el exterior 11:00 am Estiramiento al aire libre 1:00 pm Muévelo con Zoila * 1:00 pm Spa sensorial con Adrian 1:15 pm Dominos y tri Ominos 1:30 pm Colorea y charla con Dee 2:00 pm Videos educativos</p>	<p>8</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Dee 9:30 am Juego de numeros 10:00 am Loteria 10:00 am Dominos y tri ominos 11:00 am Juegos de mesa 1:00 pm Diversión física - Devon * 1:00 pm Cuidado de uñas Leslie 2:00 pm Película de matiné</p> 	<p>9</p> <p>9:00 am Juramento de Lealtad 9:15 am Disney Bingo 9:30 am Dominos y Tri Ominos 10:00 am Apreciación Musical con Greg * 10:50 am Paseo por Cottage Ln/ Carol 1:00 pm Kareoke con Leslie 1:15 pm Spa sensorial con Mia 1:30 pm Dibujos con Adrian 2:00 pm Vídeo Cultural</p>	<p>10</p> <p><i>Día deportivo</i></p> <p>9:00 am Juramento de Lealtad 9:15 am Sports Bingo 10:00 am Fútbol con Dee 10:00 am Golf con Carol 10:30 pm Juego de paracaídas 11:00 am Voleibol en globo 12:45pm Danza polinesia 1:30 pm Colorea y charla 2:00 pm Canal deportivo</p> 
<p>13</p> <p>9:00 am Juramento de Lealtad 9:15 am Aloha Bingo 10:00 am Salud y bienestar 10:00 am Memories in the Making/Dee 11:00 am Juegos de mesa 1:00 pm Movimiento y música - Gina 1:00 pm Jardinería con Trino * 1:15 pm Cuidado de uñas con Leslie 2:00 pm Video de viajes</p> 	<p>14</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte - Jennifer* 10:30 am Summer Bingo 11:00 am Juegos de mesa 1:00 pm Muévelo con Zoila * 1:00 pm Spa sensorial con Mia 1:15 pm Dibujos con Adrian 1:30 pm Dominos y Tri Ominos 2:00 pm Video educativos</p>	<p>15</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Leslie 9:30 am Estiramiento al aire libre con Adrian 10:00 am Summer Bingo 11:00 am Juegos de mesa 1:00 pm Diversión física - Devon * 1:00 pm Cuidado de uñas con Dee 1:15 pm Dominos y tri Ominos 2:00 pm Película de matiné</p> 	<p>16</p> <p>9:00 am Juramento de Lealtad 9:15 am Boliche con Adrian y Carol 10:00 am Apreciación Musical con Greg * 11:00 am Voleibol en globo 1:00 pm Estiramiento al aire libre/Mia 1:00 pm Spa sensorial con Leslie 1:15 pm Actividades grupales 2:00 pm Vídeo Cultural</p>	<p>17</p> <p><i>Día del helado</i></p> <p>9:00 am Juramento de Lealtad 9:15 am Helados con Dee 10:00 am Dominos y Tri Ominos 10:30 am Sweet Bingo 11:00 am Juegos de mesa 1:00 pm Estiramiento al aire libre con Carol y Mia 1:15 pm Manualidades con Leslie 2:00 pm Programa de helados</p> 
<p>20</p> <p>9:00 am Juramento de Lealtad 9:15 am Music Bingo 10:00 am Salud y bienestar 10:00 am Memories in the Making/Dee 11:00 am Juegos de mesa 1:00 pm Jardinería con Trino * 1:00 pm Lancha de frijoles-Carol/ Mai 1:15 pm Cuidado de uñas con Dee 2:00 pm Video de viajes</p>	<p>21</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte - Jennifer* 10:30 am Diversión en grupo 11:00 am Juegos de mesa 1:00 pm Muévelo con Zoila * 1:00 pm Spa sensorial con Dee 1:15 pm Colorea y charla con Mia 1:30 pm Dominos y Tri Ominos 2:00 pm Video educativos</p>	<p>22</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina con / Dee 9:30 am Bola de dardos con Adrian 10:00 am World Bingo 10:30 am Danza polinesia 11:00 am Voleibol en globo 1:00 pm Diversión física - Devon * 1:00 pm Cuidado de uñas con Leslie 2:00 pm Película de matiné</p>	<p>23</p> <p>9:00 am Juramento de Lealtad 9:15 am Aloha Bingo 10:00 am Paseo por el parquet con Mia 10:00 am Apreciación Musical con Greg * 11:00 am Participant's council 1:00 pm Kareoke con Carol y Mia 1:15 pm Spa sensorial con Adrian 1:30 pm actividades grupales 2:00 pm Vídeo Cultural</p>	<p>24</p> <p><i>Día de la amistad</i></p> <p>9:00 am Juramento de Lealtad 9:15 am Quynh Music Singers 10:00 am Dominos y Tri ominos 10:30 am Colorea y charla 11:00 am Juegos de mesa 1:00 pm Flexiona y estira con Dee/Leslie 1:15 pm Tarjetas de amistad con Carol 2:00 pm Película de matiné</p> 
<p>27</p> <p>9:00 am Juramento de Lealtad 9:15 am Fiesta Bingo 10:30 am Peluquería 10:00 am Salud y bienestar 10:00 am Memories in the Making/Dee 11:00 am Juegos de mesa 1:00 pm Jardinería con Trino * 1:00 pm Juego de paracaídas - Carol 1:15 pm Cuidado de uñas con Leslie 2:00 pm Video de viajes</p> 	<p>28</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte - Jennifer* 10:00 am Rompecabezas con amigos 10:30 am Actividades en el exterior 11:00 am Juego de paracaídas con Dee 1:00 pm Muévelo con Zoila * 1:00 pm Spa sensorial con Mia 1:15 pm Colorea y charla con Adrian 1:30 pm Dominos y Tri Ominos 2:00 pm Video educativos</p>	<p>29</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Mai 9:30 am Juego de numeros 10:30 am Disney Bingo 11:00 am Juegos de mesa 1:00 pm Diversión física - Devon * 1:00 pm Cuidado de uñas con Dee 1:15 pm Colorea y charla con Leslie 1:30 pm Dominos y Tri Ominos 2:00 pm Película de matiné</p>	<p>30</p> <p><i>Celebración de cumpleaños</i></p> <p>9:00 am Juramento de Lealtad 9:15 am Birthday Bingo 10:00 am Apreciación Musical con Greg * 11:00 am Voleibol en globo 1:00 pm Flexiona y estira/ Adrian/ Leslie 1:15 pm Tarjeta de cumpleaños con Mai 1:30 pm Actividades grupales 2:00 pm Vídeo Cultural</p> 	<p>31</p> <p><i>Diversión veraniega</i></p> <p>9:00 am Juramento de Lealtad 9:15 am Price is Right 10:30 am Cone toss con Mia 10:30 am Juego de copas 11:00 am Concurso de comer paletas 1:00 pm Summer Bingo 1:00 pm Dominos y Tri ominos 1:15 pm Colorea y charla 2:00 pm Película de matiné</p> 