

Continuing Education Webinar

Join us for a webinar that offers one (1) hour of continuing education credit for the following California Professionals: RCFE Administrators, licensed RNs and LVNS, LMFTs, LCSWs, LEPs, LPCCs and CLFPS.

Requirements for CE Credit: Participants must attend for a minimum of 60 minutes, have access to both audio and visual elements, respond to poll questions during the webinar, and return the completed course evaluation.

Webinar is free to attend. There is a \$10 fee for those looking for Continuing Education Credit.

TECHNOLOGY, MEMORY, AND THE AGING BRAIN: WHAT HELPS, WHAT HURTS, AND WHAT WE KNOW

TUESDAY, AUGUST 11TH, 2026 11:30AM PDT - 12:30PM PDT

This class explores the relationship between technology use, attention, memory, and cognitive health. This webinar will separate fear-based claims from current evidence, explain how digital tools can both support and disrupt cognition, and offer practical strategies for using technology intentionally to promote independence, daily functioning, and brain health.

At the completion of the course, participants will be able to:

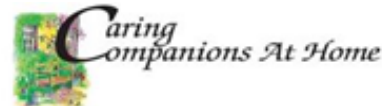
1. Define “digital dementia” and distinguish between metaphorical claims about technology use and clinical dementia or neurodegenerative decline.
2. Describe current evidence regarding technology use, memory, attention, and cognitive outcomes in older adults.
3. Explain the concept of cognitive offloading and identify how digital tools can serve as external memory supports for daily functioning, independence, and caregiver support.
4. Identify person-centered technology strategies that may support communication, orientation, safety, daily routines, and independence for individuals living with Alzheimer’s disease or related dementias.

To Register Click Here Or Go To: <https://bit.ly/CEAUG2026>



Presenter: Devin Teichrow, MSc, is an Assistant Specialist in Neurology at the University of California, Irvine, in the Neuroinformatics lab run by Ali Ezzati MD. His research focuses on digital biomarkers, migraine epidemiology, and cognitive health. He obtained his MSc in epidemiology from UCLA in 2024. He writes *The Edge of Epidemiology*, a blog exploring epidemiology, neuroscience, and public health for general audiences.

This webinar is brought to you by the following organizations:



For additional information about Alzheimer's Orange County's continuing education policies, including accommodations or a disability, reporting a grievance and certificates of completion, go to: www.alzoc.org/WebinarCEpolicies

CAMFT (BBS): Alzheimer's Orange County (AlzOC) is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. AlzOC maintains responsibility for this program/course and its content. This course meets the qualifications for 1 hour of continuing education credit as required by the California Board of Behavioral Sciences. AlzOC CAMFT CE Provider #134760.

BRN: Provider approved by the California Board of Registered Nursing (BRN), Alzheimer's Orange County, Provider #CEP 14757, for 1 contact hour. This document must be retained by the licensee for a period of four years after the course concludes.

RCFE: Course approved by the California Department of Social Services (CDSS) for 1 hour of live stream, webinar continuing education credit for RCFE administrator recertification. Course Alzheimer's Orange County, RCFE Vendor #2000147-740-2. Course pending approval. Core of Knowledge: Managing Alzheimer's Disease and Related Dementias.