

Alzheimer's | ORANGE COUNTY

Getting Ahead of Brain Health Conference

THE FUTURE OF BRAIN HEALTH: FROM RISK TO RESILIENCE

Join us for a full day of brain health insights from leading researchers and experts in the field. Explore cognitive resilience, sleep, your environment, emerging science, how beliefs and emotions shape wellness, and more. Walk away with real tools and a clearer picture of risks to your brain health and what you can do about them.



Featuring
speakers
from

- Hoag Pickup Family Neurosciences Institute
- UC Irvine
- UC San Francisco
- Healthy Brain Clinic
- Alzheimer's Orange County

Friday, January 29, 2027

Hilton Costa Mesa |
3050 Bristol Street, Costa Mesa

www.alzoc.org/brain