

Healthy Aging Center Acacia

September 2026 Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1.	2.	3.	4.
	Goldfish Crackers Bag – WGR (1 bag = 1 oz equivalent) Sliced Apple Bag (1/2 cup)	Pineapple Cup in Natural Juice (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)	Wheat Cracker Bag - WGR (1 oz equivalent) String Cheese (1 oz)	Jungle Cracker Bag - WGR (1 oz equivalent) Sliced Apple Bag (1/2 cup)
7.	8.	9.	10.	11.
	Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent) String Cheese (1 oz)	Mini Bagel - WGR (1 oz) Mandarin Orange Cup in Natural Juice (1/2 cup)	Sliced Apple Bag (1/2 cup) Yogurt – Low Fat (4 oz)	Goldfish Pretzel Bag – WGR (1 bag = 1 oz equivalent) Banana (1/2 cup)
14.	15.	16.	17.	18.
Jungle Cracker Bag - WGR (1 oz equivalent) Yogurt – Low Fat (4 oz)	Mandarin Orange Cup in Natural Juice (1/2 cup) String Cheese (1 oz)	Cottage Cheese (2 oz) Sliced Apple Bag (1/2 cup)	Diced Peach Cup (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)	Mini Bagel - WGR (1 oz) Swiss Cheese Slices (1 oz)
21.	22.	23.	24.	25.
Wheat Cracker Bag - WGR (1 oz equivalent) String Cheese (1 oz)	Applesauce Cup (1/2 cup) Goldfish Pretzel Bag – WGR (1 bag = 1 oz equivalent)	Yogurt – Low Fat (4 oz) Banana (1/2 cup)	Sliced Apple Bag (1/2 cup) Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent)	Pineapple Cup in Natural Juice (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)
28.	29.	30.		
Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent) String Cheese (1 oz)	Goldfish Crackers Bag – WGR (1 bag = 1 oz equivalent) Sliced Apple Bag (1/2 cup)	Pineapple Cup in Natural Juice (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)	Adult Snack Menu The Great American Lunch Box 2620 Newport Blvd. Costa Mesa, CA 92627 *WGR – Whole Grain Rich	The menu is subject to change. *All fruit cups are served in natural fruit juices.

The Child and Adult Care Food Program is a component of the USDA and administered by The California Department of Education, Nutrition Services Division. This institution is an equal opportunity provider.

Kikkoman Soy Milk is offered to participants when indicated due to a medical or other special dietary need.

Healthy Aging Center Acacia

September 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1.	2.	3.	4.
	(2 oz) Meatballs (Beef) with BBQ Sauce Meatballs (4 each = 2 oz) Green Beans (1/2 c.) Peaches (1/2 c.) Bread – WGR (2 oz.) 1% Milk (8 oz)	(3 oz) Chicken Verde Black Beans (1/2 c) Mild Salsa (1 oz) Mixed Fruit (1/2 c.) Tortilla - WGR (2 oz) 1% Milk (8 oz)	Hamburger on a Bun - WGR Hamburger Patty (2.5 oz) Sliced Cheese (1/2 oz) Corn (1/2 c.) Bun - WGR (2 oz) Ketchup (1 oz) Pineapple (1/2 c.) 1% Milk (8 oz)	(4.5 oz) Turkey and Cheese Sandwich - WGR Sliced Turkey (1 oz = 3 slices) Sliced Swiss American (1 oz) Peas (1/2 c) Banana (1/2 c.) Wheat Bread - WGR (2 oz) Mayo (1/2 oz) 1% Milk (8 oz) Celebration Dessert
7.	8.	9.	10.	11.
	BBQ Chicken Sandwich Chicken Patty (2.62 oz) Bun - WGR (2 oz) Green Beans and Onions (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)	(3 oz) Meatloaf Corn (1/2 c.) Mixed Fruit (1/2 c.) Artisan Roll - WGR (2 oz) 1% Milk (8 oz)	Soft Tacos Ground Turkey Taco Meat (3 oz) Mixed Vegetables (1/2 c.) Mild Salsa (1 oz) Peaches (1/2 c.) Tortillas - WGR (2 oz) 1% Milk (8 oz)	(2 oz) Beef Dippers Carrots (1/2 c.) Peaches (1/2 c.) Brown Rice - WGR (1 c.) 1% Milk (8 oz)
14.	15.	16.	17.	18.
(3 oz) Chicken w/ Tomatoes Green Beans (1/2 c.) Brown Rice – WGR (1 c.) Mixed Fruit (1/2 c.) 1% Milk (8 oz)	(2 oz) Beef Meatballs with Fajita Vegetables Meatballs (4 each = 2 oz) Broccoli Normandy (1/2 c.) French Roll - WGR (2 oz) Pears (1/2 c.) 1% Milk (8 oz)	(3 oz) Chicken Verde Black Beans (1/2 c) Mild Salsa (1 oz) Mixed Fruit (1/2 c.) Tortilla - WGR (2 oz) 1% Milk (8 oz) Celebration Dessert	(3 oz) Salisbury Steak Peas (1/2 c.) Banana (1/2 c.) Bread – WGR (2 oz) 1% Milk (8 oz)	(3.6 oz) Baked Cajun Fish Roll – WGR (2 oz) Tartar Sauce (1 oz) Red Potatoes (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)
21.	22.	23.	24.	25.
(2.4 oz) Beef Patty w/ BBQ Sauce Broccoli Normandy (1/2 c.) Applesauce (1/2 c.) Bread – WGR (2 oz) 1% Milk (8 oz)	Meatball Hoagie Meatballs (4 each = 2 oz) French Roll - WGR (2.6 oz) Red Potatoes (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)	(3.62 oz) Chicken Patty and Gravy Chicken Patty Grilled (2.62 oz) Gravy (1 oz) Green Beans (1/2 c.) Diced Peaches (1/2 c.) Roll – WGR (2 oz) 1% Milk (8 oz)	(2 oz) Chicken Dippers Green Beans (1/2 c.) Brown Rice - WGR (1 c.) Pears (1/2 c.) 1% Milk (8 oz)	(3 oz) Glazed Pineapple Chicken Mixed Vegetables (1/2 c.) Peaches (1/2 c.) Roll - WGR (2 oz) Celebration Dessert 1% Milk (8 oz)
28.	29.	30.		
3.15 oz) Chicken Parmesan Green Beans (1/2 c.) Mixed Fruit (1/2 c.) French Roll - WGR (2 oz) 1% Milk (8 oz)	(2 oz) Meatballs (Beef) with Tomatoes Meatballs (4 each = 2 oz) Broccoli Normandy (1/2 c.) Pineapple (1/2 c.) Bread – WGR (2 oz.) 1% Milk (8 oz)	Soft Tacos Ground Turkey Taco Meat (3 oz) Cheese (1/2 oz) Red Potatoes (1/2 c.) Mild Salsa (1 oz) Peaches (1/2 c.) Tortillas - WGR (2 oz) 1% Milk (8 oz)	The menu is subject to change. 	The Great American Lunch Box 2620 Newport Blvd. Costa Mesa, CA 92627 *WGR – Whole Grain Rich

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Kikkoman Soy Milk is offered to participants when indicated due to a medical or other special dietary need.

11391 Acacia Parkway
 Garden Grove, CA 92840
 714-530-1566

Center Business Hours

Monday - Friday
 8:00am - 4:30pm

CBAS Program Hours

Monday – Friday
 9:00am – 3:00pm

ADHC/ADP Program Hours

Monday – Friday
 9:00am – 3:00pm

Breakfast will be provided

Until 10:00am

Lunch will be served.

At 12:00pm

Program Operations Manager

Natalie Franks

Activities Coordinator

Kate Koo

Activities Coordinator Assistatant

Agnes Tolentino

Activities subject to change

If you are in need of additional support, would like to learn more about the services and resources we provide or need someone to talk to, please call our Helpline

844-373-4400

Maintenance

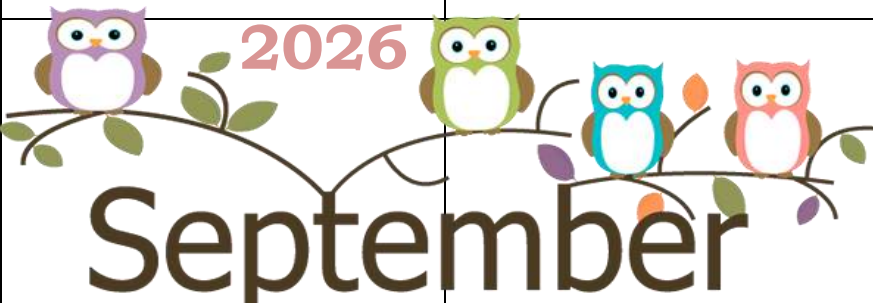
Physical Therapy

8:00am to 11:30am &
 12:30pm to 2:30pm

Maintenance

Occupational Therapy

8:00am to 11:30am
 12:30pm to 2:30pm

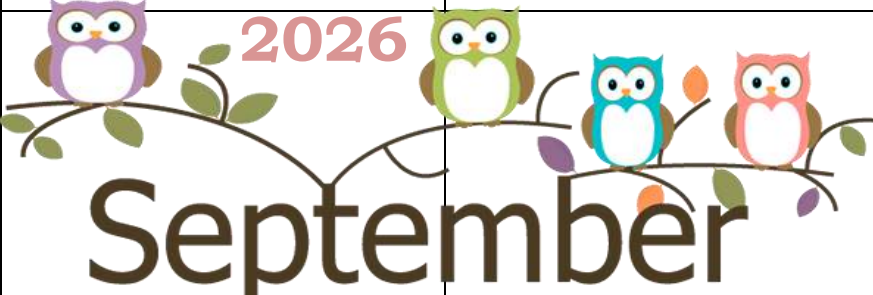
Monday	Tuesday	Wednesday	Thursday	Friday
9/4– wear red, white & blue 9/11 – wear your fav. color 9/16 – Mexican outfit 9/17 - wear blue or alzoc shirt 9/18– wear red, green or yellow 9/21 – wear cowboy outfit 9/22– wear Disney outfit 9/23 - wear casual clothes 9/24 – wear carnival colors 9/25 – wear fav. apron	1 9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer 10:00 am ESL Class w / Mai 10:30 am Quizmo 11:00 am Color & chat 1:00 pm Let's Move it w/ Zoila 1:00 pm Sensory Spa w/ Mia 1:30 pm Nail & Hand care w/ Mai 2:00 pm Educational Video	2 9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Dee 9:30 am Table games 10:15 am Sweet Treat Bingo 11:15 am Group Stretching w/ Dee 1:00 pm Fitness Fun w/ Devon 1:00 pm Arts & Craft w/ Carol 1:15 pm Dominos & Tri - ominos 2:00 pm Movie Matinee	3 9:00 am Pledge of Allegiance 9:15 am Around the World Bingo 10:00 am Dominos & tri - ominos 10:30 am Bowling w/ Carol & Mia 11:00 am Table Games 1:00 pm Let's Mambo w/ Mai & Dee 1:15 pm Nail & Handcare w/ Carol 1:30 pm Sensory Spa w/ Adrian 2:00 pm Cultural Video	4 Labor Day Celebration 9:00 am Pledge of Allegiance 9:15 am I love America Bingo 10:00 am Career Reminiscing 10:30 am Memorial Career Wall 11:00 pm Group Stretching w/ Dee 1:00 pm Pictionary/Adrian & Mai 1:15 pm Trivia/Name the career contest 1:30 pm Dominos & Tri - ominos 2:00 pm Movie Time
7 	8 9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer 10:00 am ESL Class w / Mai 10:15 am Polynesian Dance Therapy 11:00 am Color & chat 1:00 pm Let's Move it with Zoila 1:15 pm Sensory Spa w/ Adrian 1:30 pm Nail & Hand care w/ Mia 2:00 pm Educational Video	9 9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Dee 9:30 am Table Games 10:00 am Nutrition Bingo 10:00 am Music Class w/ Mai 11:15 am Group Stretching w/ Carol 1:00 pm Fitness Fun w/ Devon 1:00 pm Dominoes & tri Ominoes 1:15 pm Color & Chat 2:00 pm Movie Matinee	10 9:00 am Pledge of Allegiance 9:15 am Disney Bingo 10:00 am Dominos & tri - ominos 10:00 am Indoor Golf w/ Dee & Adrian 11:00 am Table Games 1:00 pm Care – Eoke w/ Carol & Dee 1:15 pm Nail & Handcare w/ Mia 1:30 pm Sensory Spa w/ Adrian 2:00 pm Cultural Video	11 Art Expression Day 9:00 am Pledge of Allegiance 9:15 am Let's Paint w/ Mai 9:30am Dominos Tri - ominos 10:30 am Quizmo 11:00 am Moment of Silence 1:00 pm Flex & Stretch w/ Carol & Dee 1:15 pm Group sketching w/ Adrian 2:00 pm Movie Time
14 9:00 am Pledge of Allegiance 9:15 am Aloha Bingo 9:30 am Dominoes & tri - ominos 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Table Games 1:00 am Movement & Music/Gina Gardening w/ Trino 1:00 pm Color & chat w/ Mai 1:15 pm 2:00 pm Movie Matinee	15 9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer 10:00 am ESL Class w / Mai 10:30 am Quizmo 11:00 am Color & chat 1:00 pm Let's Move it with Zoila 1:00 pm Sensory Spa w/ Adrian 1:30 pm Nail & Hand care w/ Mai 2:00 pm Educational Video	16 Mexican Independence Day 9:00 am Pledge of Allegiance 9:15 am Fiesta Bingo 9:45 am Outdoor Pinata Fun 10:15 am MID Dance w/ Marco* 11:00 am Table Games 1:00 am Fitness Fun w/ Devon 1:00 pm Color & chat 1:15 pm Reminiscing & Table Talk 2:00 pm MID Documentary	17 Acacia's 48th Anniversary 9:00 am Pledge of Allegiance 9:15 am Sweet Treat Bingo 10:00 am Dominos & Tri - ominos 10:00 am Music Entertainment with Tony & Leilani 11:00 am Color & chat 1:00 pm Let's Mambo w/ Mia & Dee 1:15 pm Acacia Birthday craft/Carol 1:30 pm Sensory spa w/ Adrian 2:00 pm Cultural Video	18 Apple Day 9:00 am Pledge of Allegiance 9:15 am Apple Empanada Baking 9:30 am Apple Tasting contest 10:00 am Nutrition Bingo 10:30 am Dominoes & tri- ominos 11:00 am Group Stretching/Carol 1:00 pm Apple Toss Carol?Adrian 1:15 pm Apple Craft w/ Mai 2:00 pm Baking show
21 Cowboy Day 9:00 am Pledge of Allegiance 9:15 am Wild West Bingo 10:00 am Western Dance w/ Jim R. 10:45 am Health & Wellness w/ Matthew 11:00 am WW Scavenger Hunt Gardening w/ Trino* 1:00 pm Western Line Dance 1:00 pm Western coloring zone 1:30 pm 2:00 pm The Long Riders Movie	22 Disney day 9:00 am Pledge of Allegiance 9:15 am Disney Painting w/ Jennifer 9:30 am Dominoes & Tri- ominoes 10:30 am Disney Bingo 11:00 am Picture taking w/ Goopy Let's Move it with Zoila 1:00 pm Disney sketching w/ Adrian 1:15 pm Disney coloring zone 1:30 pm 2:00 pm Beauty & The Beast Movie	23 Street food Day 9:00 am Pledge of Allegiance 9:15 am Food Fair Exhibit 10:00 am Spin & Win 10:30 am Music & Entertainment /Greg 11:00 am Color & chat 12:45 pm Hearts In Harmony Fitness Fun w/ Devon 1:30 pm Puzzles w/ Friends 1:00 pm 2:00 pm World Street Food Show	24 Carnival day 9:00 am Pledge of Allegiance 9:15 am Carnival Bingo 9:30 am Spin & Win 10:30 am Outdoor Carnival Fun 11:00 am Carnival Scavenger hunt 1:00 pm Flex & Stretch w/ Adrian & Carol 1:00 pm Carnival Craft w/ Mia 1:15 pm Carnival coloring Zone 2:00pm Carnival Circus show	25 Apron Day 9:00 am Pledge of Allegiance 9:15 am Quynh Music Singers 10:30 am Color & chat 10:30 am Table Games 11:00 am Apron show off Ethan & Kaitlyn Perfect Duo 1:00 pm Apron coloring zone 1:15 pm Dominos & Tri - ominos 1:30 pm 2:00 pm Movie Time
28 9:00 am Pledge of Allegiance 9:15 am Sweet Treat Bingo 9:30 am Hair & Salon 10:00 am Health & Wellness w/ Matthew 10:00 am Memories in the Making 11:00 am Table Games Gardening w/ Trino 1:00 pm Chair Kickball Dee/Mia 1:00 pm Puzzles w/ Friends 1:15 pm 2:00 pm Movie Matinee	29 9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer 10:00 am ESL Class w / Mai 10:30 am Sports Bingo 11:00 am Color & chat 1:00 pm Let's Move it with Zoila 1:00 pm Nail & Hand care w/ Mia 1:15 pm Sensory Spa w/ Adrian 2:00 pm Educational Video	30 Birthday Celebration 9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Mai 9:15 am Birthday Craft w/ Dee 9:30 am Birthday Bingo 11:00 am Group Stretching w/ Mia 1:00 pm Fitness Fun w/ Devon 1:00 pm Dominos & Tri - ominos 1:15 pm Puzzles w/ Friends 2:00 pm Movie Matinee		

11391 Acacia Parkway
 Garden Grove, CA 92840
 714-530-1566

Giờ làm việc của trung tâm
 Monday - Friday
 8:00am - 4:30pm
Giờ chương trình CBAS
 Monday – Friday
 9:00am – 3:00pm
Giờ chương trình ADHC/ ADP
 Monday – Friday
 9:00am – 3:00pm
Ăn Sáng phục vụ tới
 10:00 am
Ăn Trưa phục vụ lúc
 12:00 pm
Đồ ăn nhẹ sẽ phục vụ lúc
 2:00 pm
Giám đốc Điều hành
 Natalie Franks
Điều phối viên hoạt động
 Kate Koo
Trợ lý Điều phối viên
 Agnes Tolentino

Hoạt động có thể thay đổi
 Nếu bạn cần hỗ trợ, muốn tìm hiểu
 thêm về các dịch vụ và tài nguyên
 chúng tôi cung cấp hoặc cần ai đó
 để nói chuyện, vui lòng gọi Đường
 dây trợ giúp của chúng tôi theo số:
 844-373-4400

Vật lý trị liệu
 8:00am to 11:30am &
 12:30pm to 2:30pm
Liệu pháp vận động
 8:00am to 11:30am &
 12:30pm to 2:30pm

Monday	Tuesday	Wednesday	Thursday	Friday
9/4– Mặc màu Đỏ Trắng Xanh 9/11 – Chọn màu sắc yêu thích 9/16 – Trang phục Mexico 9/17 - áo Alzoc 9/18– Mặc màu đỏ, vàng hoặc xanh lá 9/21 – mặc trang phục cao bồi 9/22– Mặc trang phục Disney 9/23 - mặc quần áo thường ngày 9/24 – mặc màu sắc lễ hội 9/25 – mặc tạp dề ưa thích.	1 9:00 am Pledge of Allegiance 9:15 am Nghệ thuật/Jennifer* 10:00 am Lớp ESL với w/ Mai 10:30 am Quizmo 11:00 am Tô màu và trò chuyện 1:00 pm Thế dục vui với w/ Zoila* 1:00 pm Xoa bóp thư giãn w/ Mai 1:30 pm Chăm sóc móng & tay /Carol 2:00 pm Xem phim buổi chiều	2 9:00 am Pledge of Allegiance 9:15 am Lốp nấu ăn với w/ Mai 9:30 am Trò chơi trên bàn 10:15 am Chơi Dominos 11:15 am Di chuyển theo nhịp w/ Dee 1:00 pm Thế dục vui với / Devon* 1:00 pm Thủ Công với Carol 1:15 pm Trò chơi trên bàn 2:00 pm Xem Phim	3 9:00 am Pledge of Allegiance 9:15 am Around the World Bingo 10:00 am Chơi Dominos 10:30 am Bowling w/ Carol & Mia 11:00 am Trò chơi trên bàn 1:00 pm Cùng nhảy Mambo Mai / Dee 1:15 pm Chăm sóc móng & tay /Carol 1:30 pm Xoa bóp thư giãn w/ Adrian 2:00 pm Phim về Kiến thức phổ thông	4 Ngày Lễ Lao Động 9:00 am Pledge of Allegiance 9:15 am I love America Bingo 10:00 am Ôn lại sự nghiệp 10:30 am Memorial Career Wall 11:00 pm Chuyển bong bóng 1:00 pm Trò chơi đoán hình/Adrian& Mai 1:15 pm Đoán tên nghề nghiệp 1:30 pm Chơi Dominos 2:00 pm Xem Phim
7  CHUNG TÔI ĐONG CỬA NGHỈ LỄ LAO ĐỘNG	8 9:00 am Pledge of Allegiance 9:15 am Nghệ thuật/Jennifer* 10:00 am Lớp ESL với w/ Mai 10:30 am Khiêu vũ trị liệu/ Katherine 11:00 am Tô màu và trò chuyện 1:00 pm Thế dục vui với w/ Zoila* 1:15 pm Xoa bóp thư giãn / Adrian 1:30 pm Chăm sóc móng & tay /Mia 2:00 pm Xem phim buổi chiều	9 9:00 am Pledge of Allegiance 9:15 am Lốp nấu ăn với w/ Dee 9:30 am Trò chơi trên bàn 10:00 am Nutrition Bingo 10:00 am Music Class w/ Mai 11:15 am Di chuyển theo nhịp /Carol 1:00 pm Thế dục vui với / Devon* 1:00 pm Chơi Dominos 1:15 pm Tô màu và trò chuyện 2:00 pm Xem Phim	10 9:00 am Pledge of Allegiance 9:15 am Disney Bingo 10:00 am Chơi Dominos 10:00 am Indoor Golf w/ Dee & Adrian 11:00 am Trò chơi trên bàn 1:00 pm Care – Eoke w/ Mia & Carol 1:15 pm Chăm sóc móng & tay / Mia 1:30 pm Xoa bóp thư giãn w/ Adrian 2:00 pm Phim về Kiến thức phổ thông	11 Art Expression Day 9:00 am Pledge of Allegiance 9:15 am Cùng vẽ với Mai 9:30am Chơi Dominos 10:30 am Quizmo 11:00 am Phút tĩnh lặng 1:00 pm Di chuyển theo nhịp/ Carol 1:15 pm Phác thảo nhóm với Adrian 2:00 pm Xem Phim
14 9:00 am Pledge of Allegiance 9:15 am Aloha Bingo 9:30 am Chơi Dominos 10:00 am Khỏe mạnh cùng Matt * 10:00 am Làm nên kỷ niệm w/Dee 11:00 am Trò chơi trên bàn 1:00 am Thể Thao với nhạc điệu 1:00 pm Học làm vườn w/ Trino* 1:15 pm Tô màu và trò chuyện Mai 2:00 pm Xem Phim	15 9:00 am Pledge of Allegiance 9:15 am Nghệ thuật/Jennifer* 10:00 am Lớp ESL với w/ Mai 10:30 am Quizmo 11:00 am Tô màu và trò chuyện 1:00 pm Thế dục vui với w/ Zoila* 1:00 pm Xoa bóp thư giãn w/ Carol 1:30 pm Chăm sóc móng & tay/Mai 2:00 pm Xem phim buổi chiều	16 Mexican Independence Day 9:00 am Pledge of Allegiance 9:15 am Fiesta Bingo 9:45 am Outdoor Pinata Fun 10:15 am MID Dance w/ Marco* 11:00 am Trò chơi trên bàn 1:00 am Thế dục vui với / Devon* 1:00 pm Tô màu và trò chuyện 1:15 pm Thăm hỏi và Trò chuyện 2:00 pm Phim Tài Liệu MID	17 Acacia's 48th Anniversary 9:00 am Pledge of Allegiance 9:15 am Sweet Treat Bingo 10:00 am Chơi Dominos 10:30 am Âm nhạc w/ Tony & Leilani 11:00 am Tô màu và trò chuyện 1:00 pm Cùng nhảy Mambo Mia /Dee 1:15 pm Acacia Birthday craft/Carol 1:30 pm Xoa bóp thư giãn w/ Adrian 2:00 pm Phim về Kiến thức phổ thông	18 Ngày của Trái Táo 9:00 am Pledge of Allegiance 9:15 am Apple Empanada Baking 9:30 am Apple Tasting contest 10:00 am Nutrition Bingo 10:30 am Chơi Dominos 11:00 am Di chuyển theo nhịp /Carol 1:00 pm Ném táo Carol &Adrian 1:15 pm Phác thảo với Mai 2:00 pm Xem Phim
21  Ngày Cao Bồi 9:00 am Pledge of Allegiance 9:15 am Wild West Bingo 10:00 am Western Dance w/ Jim R. 10:45 am Khỏe mạnh cùng Matt * 11:00 am Săn tìm kho báu WW 1:00 pm Học làm vườn w/ Trino* 1:00 pm Khiêu Vũ miền Viễn Tây 1:30 pm Màu của Western 2:00 pm Phim The Long Riders	22 National Adult Day Services Week from September 21st to September 25th Ngày Disney 9:00 am Pledge of Allegiance 9:15 am Nghệ thuật/Jennifer* 9:30 am Chơi Dominos 10:30 am Disney Bingo 11:00 am Chụp ảnh với Goopy 1:00 pm Thế dục vui với w/ Zoila* 1:15 pm Phác Thảo Disney/ Adrian 1:30 pm Tô màu nhân vật Disney 2:00 pm Phim Beauty & The Beast	23 Ngày Âm Thực Đường phố 9:00 am Pledge of Allegiance 9:15 am Âm thực đường phố 10:00 am Quay và thắng 10:30 am Âm nhạc & Giải trí /Greg 11:00 am Tô màu và trò chuyện 12:45 pm Hearts In Harmony 1:30 pm Thế dục vui với / Devon* 1:00 pm Hoạt động nhóm 2:00 pm World street Food Show	24 Lễ hội Carnival 9:00 am Pledge of Allegiance 9:15 am Carnival Bingo 9:30 am Quay và thắng 10:30 am Outdoor Carnival Fun 11:00 am Carnival Scavenger hunt 1:00 pm Di chuyển theo nhịp /Adrian 1:00 pm Thủ Công với Mia 1:15 pm Tô Màu cho lễ hội 2:00pm Carnival Circus show	25 Ngày tạp dề 9:00 am Pledge of Allegiance 9:15 am Nhóm nhạc Quỳnh Hoa 10:30 am Tô màu và trò chuyện 10:30 am Trò chơi trên bàn 11:00 am Trình diễn tạp dề 1:00 pm Bộ đôi hoàn hảo Ethan & Kaitlyn 1:15 pm Tô màu tạp dề 1:30 pm Chơi Dominos 2:00 pm Xem Phim
28 9:00 am Pledge of Allegiance 9:15 am Sweet Treat Bingo 9:30 am Salon cắt tóc 10:00 am Khỏe mạnh cùng Matt * 10:00 am Làm nên kỷ niệm w/Dee 11:00 am Trò chơi trên bàn 1:00 pm Học làm vườn w/ Trino* 1:00 pm Ghế đá banh/ Dee&Mia 1:15 pm Hoạt động nhóm 2:00 pm Xem Phim	29 9:00 am Pledge of Allegiance 9:15 am Nghệ thuật/Jennifer* 10:00 am Lớp ESL với w/ Mai 10:30 am Sports Bingo 11:00 am Tô màu và trò chuyện 1:00 pm Thế dục vui với w/ Zoila* 1:00 pm Chăm sóc móng & tay Carol 1:15 pm Xoa bóp thư giãn w/ Mia 2:00 pm Xem phim buổi chiều	30 Birthday Celebration 9:00 am Pledge of Allegiance 9:15 am Lốp nấu ăn với w/ Mai 9:15 am Thủ Công Birthday w/ Dee 9:30 am Birthday Bingo 11:00 am Di chuyển theo nhịp w/ Mi 1:00 pm Thế dục vui với / Devon* 1:00 pm Chơi Dominos 1:15 pm Puzzles w/ Friends 2:00 pm Xem Phim		

11391 Acacia Parkway
 Garden Grove, CA 92840
 714-530-1566

Horario del Centro

Lunes - Viernes
 8:00am - 4:30pm

Horario de CBAS

Lunes - Viernes
 9:00am – 3:00pm

Horario de ADHC/ADP

Lunes - Viernes
 8:00am – 3:00pm

Se servirá desayuno.

Hasta las 10:00am

Se servirá el almuerzo

A las 12:00pm

Se servirá una merienda.

A las 2:00pm

Gerente de Operaciones

Natalie Franks

Coordinadora de Actividades

Kate Koo

Asistente Coordinadora de
 Actividades

Agnes Tolentino

Actividades sujetas a
 cambios

Si necesita apoyo adicional y le
 gustaría obtener más
 información sobre los servicios
 y recursos que brindamos o
 necesita alguien con quien

hablar, llame al

844-373-4400

Terapia física

8:00 am - 11:30 am y
 12:30 pm - 2:30 pm

Terapia ocupacional

8:00am - 11:30am y
 12:30 pm – 2:30 pm

lunes	martes	miercoles	jueves	viernes
9/4– vestir de rojo, blanco y azul 9/11 – Usa tu color favorito 9/16 – traje mexicano 9/17 - vestir de azul o camisa de alcoc 9/18– Vestir de rojo, amarillo o verde 9/21 – traje de vaquero 9/22– traje de disney 9/23 - usar ropa casual 9/24 – usa colores de carnaval 9/25 – usa tu delantal favorito	1 9:00 am Juramento de Lealtad 9:15 am Clase de arte - Jennifer 10:00 am Clase de inglés con Mai 10:30 am Quizmo 11:00 am Colorea y charla 1:00 pm Muévelo con Zoila 1:00 pm Spa sensorial con Mai 1:30 pm Cuidado de uñas con Carol 2:00 pm Videos educativos	2 9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Dee 9:30 am Juegos de mesa 10:15 am Sweet Treat Bingo 11:15 am Estiramiento con Dee 1:00 pm Diversión física – Devon* 1:00 pm Manualidades con Carol 1:15 pm Rompecabezas con amigos 2:00 pm Película de matiné	3 9:00 am Juramento de Lealtad 9:15 am Around the World Bingo 10:00 am Dominos y Tri - ominos 10:30 am Boliche con Carol y Mia 11:00 am Juegos de mesa 1:00 pm Pasos de Mambo Mai y Dee 1:15 pm Cuidado de uñas y mano 1:30 pm Spa sensorial con Adrian 2:00 pm Vídeo Cultural	4 <i>Celebración del día del trabajo</i> 9:00 am Juramento de Lealtad 9:15 am I love America Bingo 10:00 am Recuerdos de su carrera 10:30 am Muro Conmemorativo 11:00 pm Voleibol con globos 1:00 pm Pictionary con Adrian y Mai 1:15 pm Nombra la carrera 1:30 pm Dominos y Tri - ominos 2:00 pm Película de matiné
7 	8 9:00 am Juramento de Lealtad 9:15 am Clase de arte - Jennifer 10:00 am Clase de inglés con Mai 10:30 am Danza polinesia - Michelle 11:00 am Colorea y charla 1:00 pm Muévelo con Zoila 1:15 pm Spa sensorial con Adrian 1:30 pm Cuidado de uñas con Mia 2:00 pm Videos educativos	9 9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Mai 9:30 am Juegos de mesa 10:00 am Nutrition Bingo 10:00 am Clase de musica con Mai 11:15 am Estiramiento con Carol 1:00 pm Diversión física – Devon 1:00 pm Dominos y tri Ominoes 1:15 pm Colorea y charla 2:00 pm Película de matiné	10 9:00 am Juramento de Lealtad 9:15 am Disney Bingo 10:00 am Dominos y tri - ominos 10:00 am Golf con Dee y Adrian 11:00 am Juegos de mesa 1:00 pm Kareoke con Carol y Mai 1:15 pm Cuidado de uñas y mano 1:30 pm Spa sensorial con Adrian 2:00 pm Vídeo Cultural	11 <i>Día de la Expresión Artística</i> 9:00 am Juramento de Lealtad 9:15 am Expresión artística con pintura 9:30am Dominos y Tri - ominos 10:30 am Quizmo 11:00 am Momento de silencio 1:00 pm Estiramientos con Carol y Dee 1:15 pm Dibujos en grupo con Adrian 2:00 pm Película de matiné
14 9:00 am Juramento de Lealtad 9:15 am Aloha Bingo 9:30 am Dominos y tri - ominos 10:00 am Salud y bienestar 10:00 am Crear recuerdos con Pintura 11:00 am Juegos de mesa 1:00 am Movimiento y música 1:00 pm Jardinería con Trino 1:15 pm Colorea y charla con Mai 2:00 pm Película de matiné	15 9:00 am Juramento de Lealtad 9:15 am Clase de arte - Jennifer 10:00 am Clase de inglés con Mai 10:30 am Quizmo 11:00 am Colorea y charla 1:00 pm Muévelo con Zoila 1:00 pm Spa sensorial con Carol 1:30 pm Cuidado de uñas con Mai 2:00 pm Videos educativos	16 <i>Día de la Independencia de México</i> 9:00 am Juramento de Lealtad 9:15 am Fiesta Bingo 9:45 am Celebración con piñata 10:15 am Fiestas patrias con Marco* 11:00 am Juegos de mesa 1:00 am Diversión física – Devon 1:15 pm Rememorando con amigos 2:00 pm Documental de fiestas patrias	17 <i>48° aniversario de Acacia</i> 9:00 am Juramento de Lealtad 9:15 am Sweet Treat Bingo 10:00 am Dominos y Tri - ominos 10:30 am musical 1:00 pm Pasos de Mambo/ Mia y Dee 1:15 pm Craft de cumpleaños de Acacia con Carol 1:30 pm Spa sensorial con Adrian 2:00 pm Vídeo Cultural	18 <i>Día de la manzana</i> 9:00 am Juramento de Lealtad 9:15 am Hacer empanada de mai 9:30 am Concurso de comer manzana 10:00 am Nutrition Bingo 10:30 am Dominos y tri- ominos 11:00 am Estiramientos con Carol 1:00 pm Apple Toss Carol/Adrian 1:15 pm Manualidad de manzanas 2:00 pm Programa de repostería
21 <i>Día del Vaquero</i> 9:00 am Juramento de Lealtad 9:15 am Wild West Bingo 10:00 am Danza del oeste - Jim R. 10:45 am Salud y bienestar 11:00 am WW Scavenger Hunt 1:00 pm Jardinería con Trino 1:00 pm Baile en línea vaquero 1:30 pm Coloreando el oeste 2:00 pm Película -The Long Riders	22 <i>Día de Disney</i> 9:00 am Juramento de Lealtad 9:15 am Pintura de Disney/Jennifer 9:30 am Dominos y Tri- ominoes 10:30 am Disney Bingo 11:00 am Fotografías con Goofy 1:00 pm Muévelo con Zoila 1:15 pm Dibujo de Disney - Adrian 1:30 pm Colorear personajes 2:00 pm Película - La bella y la bestia	23 <i>Día de la comida callejera</i> 9:00 am Juramento de Lealtad 9:15 am Feria de comida 10:00 am Gira y gana 10:30 am Música y entretenimiento 11:00 am Colorea y charla 12:45 pm Hearts In Harmony 1:30 pm Diversión física – Devon 1:00 pm Rompecabezas con amigos 2:00 pm Word street food show	24 <i>Carnival day</i> 9:00 am Juramento de Lealtad 9:15 am Carnival Bingo 9:30 am Gira y gana 10:30 am Outdoor Carnival Fun 11:00 am Juego de búsqueda 1:00 pm Estiramientos Adrian y Carol 1:00 pm Manualidades con Mia 1:15 pm Colorea y charla 2:00pm Película - Circus Day	25 <i>Día del delantal</i> 9:00 am Juramento de Lealtad 9:15 am Quynh Music Singers 10:30 am Colorea y charla 10:30 am Juegos de mesa 11:00 am Apron show off 1:00 pm Ethan & Kaitlyn Perfect Duo 1:15 pm Dibujos de delantal 1:30 pm Dominos y Tri - ominos 2:00 pm Película de matiné
Semana Nacional de Servicios Diurnos para Adultos del 21 al 25 de septiembre				
28 9:00 am Juramento de Lealtad 9:15 am Sweet Treat Bingo 9:30 am Peluquería 10:00 am Salud y bienestar 10:00 am Recuerdos con pintura 11:00 am Juegos de mesa 1:00 pm Jardinería con Trino 1:00 pm Kickball en silla - Dee/Mia 1:15 pm Rompecabezas 2:00 pm Película de matiné	29 9:00 am Juramento de Lealtad 9:15 am Clase de arte - Jennifer 10:00 am Clase de inglés con Mai 10:30 am Sports Bingo 11:00 am Colorea y charla 1:00 pm Muévelo con Zoila 1:00 pm Cuidado de uñas con Carol 1:15 pm Spa sensorial con Mia 2:00 pm Videos educativos	30 <i>Celebración de cumpleaños</i> 9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Mai 9:15 am Manualidades de cumpleaños 9:30 am Birthday Bingo 11:00 am Estiramiento con Mia 1:00 pm Diversión física – Devon 1:00 pm Dominos y Tri - ominos 1:15 pm Rompecabezas con amigos 2:00 pm Película de matiné	